



radix®
institute

Radix Conference

March 3 - 7, 2010

The Radix Institute

www.radix.org

1-800-777-2349

Radix Conference 2010: Join us for the last Radix conference

... in the first decade of the new Millenium.

This year's pre-conference workshop offers a great learning experience for both Radix Practitioners and therapists in the community. The workshop focuses on skills that therapists can use from their chairs, offering ways to weave bodywork into a more traditional therapy setting. Read on for more details. (Continuing Education credits for social workers are pending.)

Our member presentations range from theory to science to experiential, all designed to provoke thought, awareness and therapeutic skill. The continuing theme - attention to pulsation and the energetic process.

Many brilliant and interesting people passed through the Radix Institute training program, and Bill Cornell -- for a while an RI trainer -- was one of them. Join us in seeing where his thought has led him. His presentation on sexuality is bound to be both provocative and illuminating. Anybody who has seen him at the Body Psychotherapy conferences will attest to both the depth of his insights and the clarity of his exposition. This is a rare treat, not to be missed. Welcome!

- Jim Ross



WEDNESDAY, MARCH 3, 2010
9:00 am - 4:30 pm

Keeping the Body in Mind:
Holistic Tools for Therapists
Presenters: John Weiks and Nancy Jonker



We all know that therapeutic work affects the whole person, including the body. But how many of us, while sitting with clients, are cognizant of what the body is doing in the moment? And how often do our verbal interactions *aim* at changing how the client functions at a physical level? How many of us use the eyes to teach clients about boundaries? Or use posture changes to impact a client's sense of safety in the world?

This day-long workshop will focus on developing and honing astute observation skills. Using a systematized record form, participants will observe breathing patterns, presence, voice quality, eye pulsation and more. Then we will explore ways of using these observations to help clients regain a sense of mastery and choice in their lives, not just within the confines of our offices, but in the world at large.

Certified Radix Practitioners and therapists alike will leave the workshop with skills they can use the next day. Certified Practitioners will get a great refresher in sharpening and applying their skills with a wide range of clients, including those in a more traditional verbal setting and those who are not yet ready for 'full board' somatic work. Therapists new to Radix will get an introduction to the richness of holistic work, developing skills in verbal, breath, and eye work to affect body, brain, emotions, and cognition. All participants will receive written breathing exercises and a succinct record form to help them track clients' physical processes.

Join us on Wednesday, March 3, 2010 to explore some of the richest information available to clients and therapists!

Thursday, March 4, 2010

9:00 - 10:30 am Brain Functioning and Psychobiology of Change.

Presenter: **Melissa Lindsay** A refresher on basic neuronal functioning and mapping, and updates on the neurophysiology of change.



10:45 am - noon: Sufi Chakra Breathing

Presenter: **Aneesha Dillon** Engage in an active meditation using awareness, breathing, movement, and sound to energize and mobilize the seven segments of muscular armor to bring a sense of inner unity and alignment.

1:00 - 3:15: Demonstration: Intensive without Touch

Presenter: **Becky Bosch**

This demonstration and discussion will focus on following the energetic process in the body while working with people for whom physical touch may not be appropriate.

Thursday late afternoon - Free time.

Thursday 7:30 pm - Informal dinner

(cost not included, restaurant to be announced).



Friday, March 5, 2010

9:00 - 10:45 am Love, Truth and Consequences

Presenters: **Narelle McKenzie and Jim Ross**

Both knowledge and character structure inform our therapeutic styles. Reading Bill Cornell's "Therapeutic Relatedness in Transactional Analysis: The Love of Truth or The Truth of Love" proved to be a vehicle for change in the way both Narelle and Jim work with their clients. It helped them identify and understand how their assumptions and characterological tendencies influence the way they work. Explore with them why this was so. They will offer an opportunity for you to explore your own explicit and implicit assumptions, and the way your character structure affects your work with clients.



11:00 am - 12:15 pm Circle of Light Meditation - with Aneesha Dillon

This meditation, based on an ancient Tantric text called the Vigyan Bhairav Tantra, uses the natural energetic polarity between the sex center and the heart center to create a circular flow of energy which unites sexual energy and heart energy.

1:15 - 3:34 Differentiation and Competence or Attachment and Contact.

Narelle McKenzie, Jim Ross and Becky Bosch

Further developing the ideas raised in Cornell's article, Jim, Narelle and Becky will explore experientially how we might work differently with a client from a Radix perspective, with different purposes in mind. Principally, how might what we do and what we focus on somatically shift if our goal is differentiation and competence as opposed to relational attachment and contact.



4:00 - 5:30 Annual Meeting - focus on New Directions. All are welcome.

7:00 pm: Dinner Party (cost not included) at a local restaurant to be announced. We invite everyone to join us in thanking our outgoing Director of Training Becky Bosch, and welcoming the incoming Director, Nancy Jonker.

Saturday, March 6, 2010

9:00 am - 5:30 pm Sexual Persuasions: Exploring the Vitalizing Functions of Diverse Sexualities.

Day-long workshop with **Bill Cornell**. See next page.

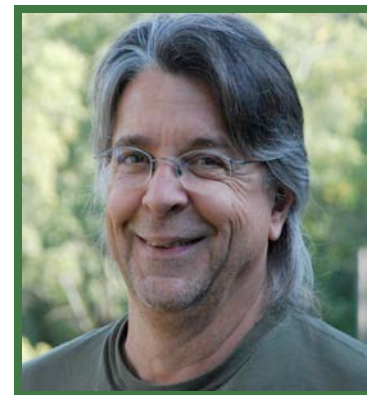
Sunday, March 7, 2010

9:00 - noon: Senior Trainers - Working the Pulsation in Tough cases. An opportunity for supervision. Integration, Wrap-up and Where Do We Go From Here?

Saturday, March 6, 2010
9:00 am - noon, 1:00 - 5:00 pm

SEXUAL PERSUASIONS: Exploring the Vitalizing Functions of Diverse Sexualities

Presenter: Bill Cornell, MA



Workshop Description

Sex still tends to make us all a bit nervous, even when our sexual predilections fall within the range considered “normal.” Psychoanalysis was born because Freud had the courage to explore the nature of sexual anxieties. Reich courageously extended and deepened Freud’s initial observations and theories, placing systematic attention to sexuality at the core of his work. Radix, Bioenergetics and other neo-Reichian approaches have maintained this central emphasis on sexual functioning. The Reichian traditions have, however, tended to promote a highly normative model of “healthy” sexuality. But sex, by its various nature, is transgressive and tends to defy boundaries and definitions.

This workshop will explore the meaning and functions of styles of sexual experience and expression that fall outside the normative, and what they can teach us about the force, the nature and the meaning of varied sexualities. What is considered “normal” changes from one generation to the next, one culture to another, so the definition of “healthy” is slippery at best.

In suggesting the perspective of sexual “persuasions,” I argue for the recognition and understanding of the enlivening and somatically organizing functions that diverse forms of sexual expression can have.

This workshop will include a theoretical foundation, exploration of countertransference issues in encountering non-normative sexual and gender persuasions, experiential exercises, and case discussions, to foster a lively engagement around these complex issues.

Biographical Information: Trained in phenomenology, transactional analysis, Radix, and psychoanalytic psychotherapy, and a former trainer with The Radix Institute, **Bill Cornell, M.A.** is author of over 30 journal articles and book chapters, many exploring the interface between interpersonal, body-centered and psychoanalytic modalities. He is a co-editor of the *Transactional Analysis Journal*. He is the editor of ***The Healer’s Bent: Solitude and Dialogue in the Clinical Encounter***, a collection of the psychoanalytic writings of James McLaughlin, for which he also wrote the introduction, co-editor and author of ***From Transactions to Relations: The Emergence of Relational Paradigms in Transactional Analysis***, and author of ***Explorations in Transactional Analysis: The Meech Lake Papers***. Bill maintains an independent private practice of therapy, consultation and training in Pittsburgh, PA and leads frequent training groups in Europe.

↪ *For articles written by Bill, recommended for this workshop, contact information@radix.org, or visit the members section of the Radix website: www.radix.org*

The Practicalities

Conference meetings will be held at 720 NE 3rd Ave. in Fort Lauderdale, the spacious office of Radix Institute member Pamela Morgan. Some of the larger meetings may also be held at the Hampton Inn City Center, a few blocks from the office.

The Hampton Inn Ft. Lauderdale/ Downtown-City Center has reserved guest rooms at a group rate of \$149. + tax. Contact the Hampton Inn at 954-924-2700 weekdays between 9 am and 5 pm EST. You may also reserve rooms through the internet at available internet prices (such as Priceline, Travelocity, etc.), Reserving your rooms by the end of January will help guarantee our group arrangement and your chance of getting a room in this very popular season.

Hampton Inn®

Ft. Lauderdale/ Downtown - City Center
250 North Andrews Avenue - Ft. Lauderdale, FL 33301
Tel: (954) 924-2700

The Fort Lauderdale airport is about 6 miles south of the meeting place and hotel.
The Miami airport is about 25 miles south.

Register by February 5, 2010, by mailing the form below with your check, payable to The Radix Institute, to: Melissa Lindsay
981 Aalapapa drive
Kailua, HI 96734

You may also send your fees to The Radix Institute using PayPal.com, emailing to information@radix.org. Be sure to specify which sessions you are attending.



Registration after February 5th must be made by emailing information@radix.org. Paypal payments will be accepted; however, if you are paying by check, fees will be collected onsite. After February 5th, please add a \$25 processing fee to your total.

Fees:	RI members	non-members
<input type="checkbox"/> Pre-conference only (includes boxed lunch)	\$ 85	\$85
Conference		
<input type="checkbox"/> Thursday	\$100	\$125
<input type="checkbox"/> Friday	\$100	\$100
<input type="checkbox"/> Saturday	\$100	\$150
<input type="checkbox"/> Sunday morning	\$ 50	\$ 50
<input type="checkbox"/> Entire conference	\$300	\$375
<input type="checkbox"/> Pre-conference + Conference	\$385	\$460

Name _____

Address _____

Phone: _____

Email: _____