

KEEPING YOUR PASSION ALIVE IN WORK, LOVE, PLAY

a Radix experiential workshop with
Narelle McKenzie, MA and Pamela Morgan, LCSW
(Certified Radix Practitioners)

Living life with passion means responding to life as it is now with all of its joys, sorrows and challenges. We all have periods of feeling frustrated, unsatisfied with work and relationships, unable to lighten up and play. The more we are able to embrace these experiences in a fully embodied way, paradoxically our passion returns.

This workshop will enable you to identify the ways that you surrender to these common life experiences and the many subtle and not so subtle ways that you fight them, with your mind, your body and your emotions thus interrupting your experience of passion. By participating, you will discover ways to enrich and deepen your relationships with life, self and others.

Join us in this interesting and fun process of self discovery.

<u>When?:</u>	February 28–March 2, 2010
<u>Times:</u>	Sunday, February 28th, 7pm - 9.30pm Monday, March 1st, 9.30am - 6pm Tuesday, March 2nd, 9.30am - 5pm
<u>Where?:</u>	720 N.E. 3rd Ave., Ft. Lauderdale, Fl. 33304,
<u>Personal Investment:</u>	\$325. Deposit of \$150 to be paid on enrollment. Space is limited - register soon!
<u>Enrollments:</u>	Make checks payable to Pam Morgan and mail to address above, along with your name, address, phone number and email address. For further information, contact Pam at 954-525-8088, or email pamela6morgan@gmail.com

"The body we are is the life we live."

Richard Strozzi Heckler

What is Radix body centered psychotherapy?

Radix is a powerful body centered psychotherapy developed by Charles Kelley Ph.D. that promotes change, growth and healing. The word Radix means root or source and here refers to the energy flow underlying body, mind and spirit. Radix practitioners focus on the clients' life patterns and habits as they are expressed in their current life and in what is happening on an energetic level in their body. These patterns are manifested in the mind as habits and beliefs and in the body, by body shape, movement, breathing patterns, and emotional expression. Working verbally and with the bodily processes of breathing, movement, sound, touch, and vision, the Radix practitioner assists clients to discover experientially and become more conscious of the many ways the body participates in unconsciously affecting the way they think, act and feel. Clients become more able to develop new and different ways of functioning and are more connected and committed to these changes. Self contact and contact with others is enhanced. Clients are more able to make choices as to how to experience and express their aliveness in the world.

What are the benefits of a workshop?

Radix residential weekends are challenging, enlivening and fun. They offer participants an intense experience of Radix work without the daily distractions of work, relationships and maintenance issues. If you haven't experienced Radix work before they are a good introduction because of the concentrated focus. They are also valuable as an adjunct to regular individual work as participating deepens personal work and offers you support from other group members. New issues different from those in individual work often arise because of the wide range of concerns of participants and the interactive nature of the weekend. This helps you discover new ways of functioning that will add passion and commitment to your personal and professional life. If you are not a regular client of Pam's, an interview in person or by phone may be required prior to commencement of the workshop. There will be no fee for this.

What is the overall structure of the weekend?

Throughout the weekend there is an opportunity to work individually, in pairs and in the larger group. Each participant will have the opportunity to do some individual work with Pam or Narelle during the workshop.

Who are Pam and Narelle?

Narelle McKenzie is a registered psychologist with thirty years experience as a Radix practitioner. She lives in Australia and has had a private practice in psychology and psychotherapy since 1982. She has a Masters degree in developmental psychology and extensive experience and training in different psychotherapy modalities. Narelle has led experiential and training workshops in Australia and the USA and has taught courses in these areas at undergraduate and graduate level at universities in Australia. She is the Director and Senior Trainer of the Australian Radix Training Centre.

Pamela Morgan, LCSW, is licensed as a clinical social worker in the state of Florida, Radix certification in 1987, and has a private practice in Ft. Lauderdale for over 20 years. She has articles published and was the editor of the *Radix Journal*. She received a Special Service Award from the National Counsel on Sexual Addiction and Compulsivity and was profiled in the *New Age Journal*.

For further information on Radix, visit the website at www.Radix.org.